

Step 2 CK – 5-Week Intensive Course Schedule

Schedule: Monday–Friday, 6 pm – 10 pm New York Time (Break 8–8:15 pm). Saturdays & Sundays Off Days.

Week 1: Foundations & Cardio-Pulmo-Renal

| Day | 6–8 pm | 8:15–10 pm |
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| Monday | Orientation, Exam Strategy | Cardiology I – Ischemic heart disease, arrhythmia |
| Tuesday | Cardiology II – Heart failure, valvular diseases | Cardiology III – HTN, cardiomyopathies |
| Wednesday | Pulmonology I – Asthma, COPD, pneumonia | Pulmonology II – TB, pleural, interstitial |
| Thursday | Pulmonology III – PE, resp failure, sleep apnea | Nephrology I – AKI, CKD |
| Friday | Nephrology II – Acid–base, electrolytes | Review/Qbank |

Week 2: GI, Endocrine, Rheum, ID

| Day | 6–8 pm | 8:15–10 pm |
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| Monday | GI I – Esophagus, stomach, small bowel | GI II – Hepatology, pancreatitis, IBD |
| Tuesday | Endocrine I – Diabetes, thyroid, adrenal | Endocrine II – Pituitary, metabolic, calcium |
| Wednesday | Rheum/Immunology I – SLE, RA | Rheum/Immunology II – Vasculitis, scleroderma |
| Thursday | ID I – Bacterial, viral, fungal | ID II – HIV, TB, tropical diseases |
| Friday | Review/Qbank | Integrated GI/Endo/ID cases |

Week 3: Neuro, Psych, MSK, Heme/Onc

| Day | 6–8 pm | 8:15–10 pm |
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| Monday | Neurology I – Stroke, seizures, HA | Neurology II – Movement, demyelinating |

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| Tuesday | Neurology III – CNS infections | Psych I – Mood, anxiety disorders |
| Wednesday | Psych II – Psychotic disorders | Psych III – Substance use, personality disorders |
| Thursday | MSK/Ortho – Fractures, arthritis, infections | Heme I – Anemias |
| Friday | Heme II – Malignancies, coagulopathies | Review/Qbank |

Week 4: Pediatrics & OB/GYN

| Day | 6–8 pm | 8:15–10 pm |
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| Monday | Peds I – Growth, development, immunization | Peds II – Resp, cardiac |
| Tuesday | Peds III – ID, neonatology | Peds IV – Genetic/metabolic, endocrine |
| Wednesday | OB I – Normal pregnancy, prenatal | OB II – Complications, HTN disorders |
| Thursday | OB III – Bleeding, labor | GYN I – Contraception, infertility |
| Friday | GYN II – Malignancies, menstrual disorders | Review/Qbank |

Week 5: Surgery, Emergency, Final Review

| Day | 6–8 pm | 8:15–10 pm |
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| Monday | Surgery I – Trauma, shock, perioperative | Surgery II – GI, vascular, endocrine |
| Tuesday | Emergency I – Toxicology, ACLS | Emergency II – Acute care |
| Wednesday | Multi-system Integration | Mixed high-yield cases |
| Thursday | Ethics/Professionalism | CCS strategies |
| Friday | Mock NBME exam (timed) | Final Rapid Review |